

## ELDERLY WOMEN SAFEGUARDED

Tell Others How They Were Carried Safely Through Change of Life.

Durand, Wis.—"I am the mother of fourteen children and I owe my life to Lydia E. Pinkham's Vegetable Compound. When I was 45 and had the Change of Life, a friend recommended it and it gave me such relief from my bad feelings that I took several bottles. I am now well and healthy and recommend your Compound to other ladies."

—Mrs. MARY RIDGWAY, Durand, Wis.

A Massachusetts Woman Writes: Blackstone, Mass.—"My troubles were from my age, and I felt awfully sick for three years. I had hot flashes often and frequently suffered from pains. I took Lydia E. Pinkham's Vegetable Compound and now am well."

—Mrs. FREDERICK CUNNINGHAM, Box 239, Blackstone, Mass.

Such warning symptoms as sense of suffocation, hot flashes, headaches, backaches, dizziness, palpitation of the heart, sparks before the eyes, irregularities, constipation, variable appetite, weakness and dizziness, should be heeded by middle-aged women. Lydia E. Pinkham's Vegetable Compound has carried many women safely through this crisis.

Salt From Hawaii.

One of the minor products of the Hawaiian Islands is salt, the output for 1915 having been 2,400 tons, valued at \$8 a ton. Most of the salt produced in the islands is the output of the Honolulu Salt Company, whose product is confined to coarse salt and manufactured entirely by natural evaporation, no vacuum pans, kettles or grainers being used.

New York city's net revenue from saloon licenses amounts to more than \$12,000,000 a year.

Cupid never attends the funeral when love dies.

Stop That Ache!

Don't worry about a bad back. Get rid of it. Probably your kidneys are out of order. Resume sensible habits and help the kidneys. Then, kidney backache will go; also the dizzy spells, lameness, stiffness, tired feelings, nervousness, rheumatic pains and bladder troubles. Use Doan's Kidney Pills. Thousands recommend them.

A Tennessee Case

Mrs. Stella Toder, Chamberlain St., Rockwood, Tenn., says: "The kidney secretions have been a terrible annoyance to me. I finally got so that the pain was continuous day and night. My back was sore and stiff and I couldn't move at times. A doctor told me an operation was necessary and he gave me medicine, but I didn't get any help until I used Doan's Kidney Pills. A few boxes entirely rid me of the trouble."

Get Doan's At Any Store, 50c a Box

DOAN'S KIDNEY PILLS

FOSTER-MILBURN CO., BUFFALO, N. Y.

Constipation Vanishes Forever

Prompt Relief—Permanent Cure

CARTER'S LITTLE LIVER PILLS

fall. Purely vegetable—act surely. But gently on the liver. Stop after dinner distress—cure indigestion, improve the complexion, brighten the eyes. SMALL PILL, SMALL DOSE, SMALL PRICE. Genuine must bear Signature

Wm. Wood

ITCH

"Hunt's Cure" is absolutely guaranteed to cure Itch, Eczema, Ringworm, Tetter, or any Skin Disease, or purchase price cheerfully refunded. Sold everywhere for 50c a box, or write, A. B. Richards Medicine Co., Sherman, Texas.

PAY-TON FOR PILES

Cooling—Soothing—Velvety

Positive relief guaranteed or money back. \$3.00 postpaid. Send money order to THE PAY-TON COMPANY

P. O. BOX 661 ATLANTA, GA.

TRY THE OLD RELIABLE

WINTERSMITH'S CHILL TONIC

For MALARIA CHILLS & FEVER

A FINE GENERAL STRENGTHENING TONIC

Agents Attention!

We furnish you goods that sell every day in the year, in any neighborhood, to every man, woman, child or colored. This is the chance of a lifetime to get in a business where even an uneducated person can make \$5.00 a day handling our goods and we positively refund your money for all goods you do not sell. Send stamped invoice for full particulars. APEX MANUFACTURING COMPANY

555 E. Main Street Richmond, Va.

SWEET POTATO PLANTS

NANCY HALL and PORTER LAMSON now ready. 1,000 plants, postpaid, \$1.00 for 500. Express not paid. Prompt, reliable delivery guaranteed. W. E. Smith, Selmer, Tenn.

## THE EUROPEAN WAR A YEAR AGO THIS WEEK

April 3, 1915.

German repulsed French in forest of Le Pretre and west of Mulhausen, but were checked near Lassigny and in Upper Alsace.

Russians gained in Carpathians and Austrians in Bukovina.

Turks repulsed British landing party at head of Red sea.

Smyrna forts bombarded.

British government took control of motor manufacturing plants.

April 4, 1915.

German took Drie Grachten from Belgians.

French captured village of Regneville.

Austrians retreated from Beskid region.

German repulsed Russians near Augustowo.

German submarines sank British steamer City of Bremen and other vessels.

Three German steamers sunk by mines in Baltic.

Turkish cruiser Medjidieh sunk by Russian mine.

German taube bombed church near Ypres, killing 12 women and an abbe.

April 5, 1915.

French captured trenches in Forest of Ally, but were repulsed in Argonne and Le Pretre forests.

Reims continuously bombarded.

Russians made steady gains in Carpathians, Bukovina and North Poland.

Turkish squadron sank two Russian ships.

America's demand on Germany for reparation for sinking of the Frye made public.

April 6, 1915.

French made fierce attack on St. Mihiel.

French occupied Gueusville, but were repulsed east of Verdun.

Russians advanced on Rostok pass, but were repulsed in effort to cross the Dniester.

Austrians bombarded Serb towns on the Danube and Save.

German submarine caught in net off Dover.

April 7, 1915.

French made gains in Woivre district and other points.

Austrians bombarded Belgrade and gained ground along River Pruth and crossed the Dniester.

Russians entered Artvin, Armenia.

Prinz Eitel Friedrich interned at Norfolk.

Austrian aviators raided Podgoritz, Montenegro.

April 8, 1915.

Russians captured Smolnik, east of Lufkow pass.

French ship Chateaubriand sunk by German submarine off Isle of Wight.

One Austrian aeroplane beat three Russian planes in midair.

Germany offered reparation for sinking of the Frye, but justified the act.

Belgians reported west side of Yser canal freed of Germans.

April 9, 1915.

French announced complete occupation of Les Eparges.

Desperate fighting on heights of the Meuse.

German retook Drie Grachten from Belgians.

Great Austro-German army confronted Russians in strongly fortified lines on southern slope of Carpathians.

Use of alcoholic drinks forbidden in French army of the Vosges.

CHUNKS OF INFORMATION

Farming and pig rearing are the staple industries of Serbia.

In Russia the people are divided into three "stocks." Great Russians, White Russians and Little Russians.

British vital statistics show that there has been more marriages and less births since the war has been in progress.

Apparatus invented in England for preserving fish in carbonic acid gas under pressure is said to keep them perfectly fresh for at least six months.

For retail dealers there has been invented a machine that will take coal from a pile and pour it into bags for handling at a rate of 25 tons an hour.

Two cities in Colombia on opposite sides of the Andes mountains will be connected by a steel ropeway more than 37 miles long which will transport both passengers and freight.

The first white woman to be married in what is now the city of Topeka, Kan., and who still lives there at the age of eighty-eight, is Mrs. Hattie A. Bunker. She was a native of Woburn, Mass., and went into the territory of Kansas 61 years ago.

Government experts estimate that of the 26,000,000 horse power, which it is possible to develop hydroelectrically in the United States, 19,000,000 horse power lies west of the Rockies.

Chinese Appreciation of Jade.

The remarkable resonance of jade is a peculiar quality, which gives it great importance in Chinese estimation; to such an extent that "singers" chimes" of 24 different pieces and tones were sometimes constructed. Occasional use is also made of the natural form of the jade boulders, which are found in river beds.



(Conducted by the National Woman's Christian Temperance Union.)

## SCIENTIFIC INSTRUCTION.

In 1897 two leading professors of Germany sent to the men of that country a pronouncement favoring total abstinence. It contained this declaration:

"Science has shown that alcohol, even in moderate quantities, causes disturbance in brain action, paralyzes the critical capacity, power of will, the ethical and aesthetic sense, and lowers self-control. For this reason we should realize that it is a poison and no longer to be classed with foods."

The document received nine signatures. Ten years later it was sent out again and received 800 signatures of German medical men, 116 of whom were professors.

In 1913 a great antialcoholic meeting was held in the Prussian house of deputies, Berlin. The honorary president was the German chancellor, Dr. von Bethmann-Hollweg, and on the committee of honor all the Prussian ministers were represented and hundreds of eminent men of the empire. Doctor Jensen, inspector general of the Berlin schools, called forth much applause when he said that "the education of youth is absolutely impossible without an antialcoholic element in it."

Since then such instruction has been made a part of the regular course in the public schools of Germany, and entire courses in that subject are offered by the great universities.

## FOE OF THE COLLEGES.

Of all the foes of young manhood on the American college campus, alcohol is the most subtle and destructive. It is peculiarly fitting that the American college student of today, wiser and better informed than his predecessors, should give battle to his ancient and merciless adversary. If graveyards were placed on our college grounds to those slain in the flush of young manhood by intoxicating drink, the acres of verdant lawn around even our best institutions would become vast cemeteries ghastly with thick-strewn headstones. With a devilish instinct for maximum destructiveness, this demon of the campus seems to pick out for degradation the gayest, the loveliest, the most talented, and to renege his assault by enlisting the social and generous instincts which constitute the very charm of youth. Opening always the gate to passion and appetite, he is the aggressive ally of everything which degrades college life, the promoter of tragedies innumerable on every campus, the tireless enemy of virtue, purity, diligence and intellectual development.—Henry Louis Smith, President Washington and Lee University.

## GOOD LINE OF BUSINESS.

It was at a campaign meeting in Ohio. The speaker said that West Virginia had profited financially by voting dry. A man in the audience disputed this statement. He said that he was a salesman, that he visited every county seat in West Virginia, and that his business had fallen off considerably since the state went dry. Another man spoke up and said that he was a salesman and "made" West Virginia regularly and that his business had increased since the state became dry. He asked the fellow who reported a falling off what his line was and the latter reluctantly admitted that he sold undertakers' supplies, at which the crowd yelled. The man who declared that prohibition had helped his business explained he sold furniture.

## SURELY A MISTAKE!

"Smoky" Hobbs of Columbus was fined \$400 and given six months for illegal selling of liquor. What? In Columbus? Surely must be a mistake. Bootleggers only ply their trade in dry towns. That's why the benevolent wet run saloons, to keep bad men from bootlegging in dry towns. Tut, tut! Yes, it must be a mistake.—Caldwell Press.

## PROHIBITION AND BUSINESS.

Endorsement of the value of a prohibition law as an aid to general business prosperity was recently signed by men representing the leading industries of Steubenville, O., among others, two paper companies, a glass company, two foundries, two clay companies, a tin plate company and a pottery concern.

## HARD TO UNDERSTAND.

Just why anyone should ever suppose that because the people of any city stop buying booze they will perforce stop buying land, or paying rent or patronizing the meat market, bake shop, grocery or clothing store is hard to understand.

## PROHIBITION PROHIBITS.

"When the number of arrests are slashed in two in one year it is pretty conclusive evidence that prohibition prohibits not only liquor selling but crime as well," is the comment of the Youngstown (O.) Telegram on the remarkable decrease in arrests in the state of West Virginia since prohibition became the law of the state.

## FACTORY REPLACES BREWERY.

Tear down a brewery and upon its ruins will rise a factory.—John Mitchell, Labor Leader.

## SAVES \$7,000 A YEAR.

A press dispatch from Centralia, Ill., says that since prohibition went into effect under the local option law that town has saved an average of \$632.77 every month. This means a decrease of \$7,000 a year, directly due to the abolition of the saloon.

## COOK NOT NEEDED.

Under prohibition the jails in North Yakima have become so depopulated that the Salvation Army can no longer afford to pay a cook to provide three meals a day for the three inmates.

## Hopes Women Will Adopt This Habit As Well As Men

Glass of hot water each morning helps us look and feel clean, sweet, fresh.

Happy, bright, alert—vigorous and vivacious—a good clear skin; a natural, rosy complexion and freedom from illness are assured only by clean, healthy blood. If only every woman and likewise every man could realize the wonders of drinking phosphated hot water each morning, what a gratifying change would take place.

Instead of the thousands of sickly, anemic-looking men, women and girls with pasty or muddy complexions; instead of the multitudes of "nervous wrecks," "rundowns," "brain fags" and pessimists we should see a virile, optimistic throng of rosy-cheeked people everywhere.

An inside bath is had by drinking, each morning before breakfast, a glass of real hot water with a teaspoonful of limestone phosphate in it to wash from the stomach, liver, kidneys and ten yards of bowels the previous day's indigestible waste, sour fermentations and poisons, thus cleansing, sweetening and freshening the entire alimentary canal before putting more food into the stomach.

Those subject to sick headache, biliousness, nasty breath, rheumatism, colds; and particularly those who have a pallid, sallow complexion and who are constipated very often, are urged to obtain a quarter pound of limestone phosphate from any druggist or at the store which will cost but a trifle but is sufficient to demonstrate the quick and remarkable change in both health and appearance awaiting those who practice internal sanitation. We must remember that inside cleanliness is more important than outside, because the skin does not absorb impurities to contaminate the blood, while the pores in the thirty feet of bowels do.—Adv.

## Cal's "Hobolism" a Disease.

"Hobolism" is not a habit, but a disease," says the Rev. John A. Gray, instructor in sociology in the extension division of the University of Minnesota. The reverend gentleman bases his assertions on a two-weeks' investigation of Cleveland's homeless problem, during which he lived among hobos, tramps and bums in the city's cheap lodging houses.

## Druggist Gives Highest Praise to Kidney Medicine

For the past fifteen years I have been selling Dr. Kilmer's Swamp-Root and my customers are always satisfied with the results obtained from its use and they speak in the highest terms regarding Swamp-Root. I have used it in my own family and the results were the most favorable. I believe it is a fine medicine for kidney, liver and bladder diseases and I always recommend it for such troubles.

Very truly yours,

CHAS. BRUTON, Druggist, Jan. 5th, 1916. Dover, Tenn.

## Letter to Dr. Kilmer & Co. Binghamton, N. Y.

Prove What Swamp-Root Will Do For You. Send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample size bottle. It will convince anyone. You will also receive a booklet of valuable information, telling about the kidneys and bladder. When writing, be sure and mention this paper. Regular fifty-cent and one-dollar size bottles for sale at all drug stores.—Adv.

## To Be Exact.

"Do you mean to tell me that you know all the latest stage steps?" "I wouldn't say 'all.' Of course, I don't know what new steps have been invented since I've been standing here chatting with you."

## RELIEF HAS BEEN PERMANENT

Says Cardui Built Up System When Other Medicines Failed. Believes It Saved Her Life.

Hendersonville, N. C.—Mrs. M. A. Redmon, of R. F. D. 1, this place, writes: "I wish to state that before having taken Cardui, my condition of health was all run-down, and had been that way ever since my marriage two years ago last May. I only weighed 107 pounds. My average weight is 135 pounds. I had such awful pains at times I could hardly go. I had severe pains in my back and abdomen, and could scarcely do my work. I could not lift anything heavy.

"In November, 1913, I began taking Cardui. I thought I would give it a trial though my family doctor, —, had set me a date for an examination of me. I saw my improvement after taking the first bottle. I am getting fat and well, and in March this year I weighed 135 pounds. Your Cardui tonic built up my system when all other medicines failed. I feel and look like a different person. I am still praising it to my friends. For I can truly say I believe it saved my life. My relief from all pain has been permanent."

If you are run-down in health and need a tonic, take Cardui, the woman's tonic. It will help you.

For sale by all druggists.

Ever stop to think of the amount of time you waste in talking without saying anything?

## DON'T GAMBLE

that your heart's all right. Make sure. Take "Renovine"—a heart and nerve tonic. Price 50c and \$1.00.—Adv.

Too many things that are done well are not worth doing at all.

## NEWS OF THE WEEK FROM OVER WORLD

HAPPENINGS IN OUR OWN AND OTHER COUNTRIES BRIEFLY TOLD.

## SHORT ITEMS FOR BUSY MEN

Week's News Condensation Reviewed Without Comment—All Nations Find Something to Edify and Instruct.

Fire driven by a shifting wind destroyed the plant of the Seth Ward college, at Plainview, Tex., including the personal belongings of 250 men and women.

Prof. Ludwig Becker, a native of Germany, has withdrawn from the chair of astronomy in the University of Glasgow.

The government has appointed the Prince of Wales chairman of the committee to make provision for the care of the graves of soldiers in France and Belgium.

The British South Africa company has announced a grant of 500,000 acres of free land to soldiers from overseas after the war.

California now produces about three times as many raisins yearly as Spain, the home of the raisin industry.

A message from Perugia, Italy, says thieves entered the sacristy of St. Peter's basilica and stole nine pictures of great value.

Two earthquake shocks occurred at Panama, one in the morning and the other in the afternoon.

Fifty freight locomotives were ordered by the Pennsylvania lines. The locomotives will be of the mikado type and the order will approximate \$1,000,000.

The northeastern section of Barton county, Kan., is said by farmers to be seriously infested by the Hessian fly.

The Burnett Immigration bill, with its literacy test and Asiatic exclusion provision unchanged, has passed the house by a vote of 308 to 87.

The Hairdressers' guild announced that after April 15, next, its members will raise the charge for shaving from 4 cents to 5 cents, and hair-cutting from 8 cents to 10 cents.

Maj. Gen. George W. Goethals, governor of the Panama canal zone, has sailed for Panama on the steamship Pastores. He said he was confident that the canal would be opened by April 15.

Ten thousand Morrey river dock hands at Liverpool went on strike following a dispute concerning pay for overtime work.

Before the house public buildings committee a request for \$1,000,000 for a terminal postoffice at Kansas City, Mo., was presented.

The senate passed the Indian appropriation bill carrying approximately \$12,000,000.

The Louisiana state Republican convention selected 13 uninstructed delegates to the national convention.

A dispatch from Teheran says that Grand Duke Nicholas has released all Persians taken prisoner by the Russians.

One hundred persons were killed when an ammunition factory at Weller, in Austria, blew up.

Three former Manitoba ministers were indicted by a Winnipeg grand jury for conspiracy to defraud.

According to the provisions of an ordinance, druggists in Peoria, Ill., will be required to pay the regular saloon license fee of \$720 annually if they dispense liquor in quantities of less than one gallon.

A whistling well at St. Clair, Minn., is to be investigated by state geologists.

Gen. Grant's letter book, from March 29 to April 9, 1865, including the letter in which he prescribed the terms for Lee's surrender, brought \$750 at a sale of autographs in New York.

The police at work on the case of Miss Zola May Cramer, 24, a trained nurse who was found dead in a Dallas school yard, are endeavoring to prove that she was attacked by a jealous lover.

Six masked men held up 30 men in an alleged gambling house in New York and obtained money and jewelry estimated at \$5,500.

Final certified statements of the revenues of the Panama-Pacific exposition submitted to the board of directors gave the grand total of receipts as \$12,524,523.40.

Twenty-five wireless stations in and about San Antonio, Tex., have been dismantled upon instructions from the department of justice.

Where Alexander Was Born.

British travelers at Saloniki may easily make the excursion of a few miles to the birthplace of Alexander the Great—and whistle "The British Grenadiers" while doing so if they choose. But they will not find much there, observes the London Chronicle. The name of Pella still lingers in the district, but the great Macedonian city of Pella, where Alexander was born on a night of storm and portents in October, 356 B. C., has vanished, according to the testimony of Mr. D. G.

## The foe moved out of LA Croix

(Wis.) harbor and the Mississippi river is open to navigation at this point. The opening came two days later than in 1915.

Men of the Hungarian landsturm born in 1868 and 1869, who hitherto have been employed in making materials of war, are ordered to join the army on April 5.

William G. McAdoo, American secretary of the treasury, will be officially a guest of Chili during his visit with the other members of the American delegation to the international trade conference.

A total of 1,338 recruits have been added to the army in the last 10 days, the war department announced.

Investigation in bituminous coal rates from mines in Pennsylvania, Maryland, West Virginia, Kentucky and Ohio to Lake Erie ports for transshipment was ordered for April 24.

Five men were killed and 12 others injured, some seriously, when a boiler exploded at the Manuel Riddle grist mill on Peter creek, near Pikeville, Ky.

Fire destroyed one-fourth of the buildings of the Pennsylvania Manufacturing Co., at Wyandotte, a Detroit suburb, causing a loss of \$200,000.

In retaliation for the attack on German camps by a squadron of French aeroplanes, seven German aviators bombed Saloniki from the air.

Loss estimated at more than \$500,000 was caused at Houston, Tex., by fire which started in the cotton sheds of the Missouri, Kansas & Texas railway and spread to a dozen other buildings and 40 freight cars.

A full state ticket will be placed in the field by the Progressive party in Missouri this year.

Announcement was made that the Silk Manufacturers' association will grant the demand of the workers for a nine-hour